

OUR SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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9:00–10:00 AM
Adult Fundamentals

10:00–11:00 AM
Open Mat

11:30 AM–12:15 PM
Kids No Gi BJJ

12:15–1:30 PM
Kids BJJ Class

12:00PM–1:30 PM
Adult BJJ Class

6:00–7:30 PM
Kids Competition Class

8:00–9:30 PM
Adult Competition Class

5:30 PM–6:15 PM
Kids BJJ Fundamentals

6:15 PM–7:45 PM
Kids BJJ Class

7:45–9:15 PM
Adult BJJ Class

5:30 PM–6:15 PM
Kids BJJ Fundamentals

6:15 PM–7:45 PM
Kids BJJ Class

7:45–9:15 PM
Adult BJJ Class